How to write a paper

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Why a scientific format?

- It is a means of efficiently communicating scientific findings to the broad community of scientists in a uniform manner
- This format allows the paper to be read at several different levels
 - For example, many people skim Titles to find out what information is available on a specific subject
 - Others may read only titles and Abstracts
 - Those wanting to go deeper may look at the Tables and Figures in the Results, and so on.

"Take home" message: the scientific format helps to insure that at whatever level people read your paper (beyond title skimming) they will likely get the key results and conclusions

Source: http://abacus.bates.edu/~ganderso/biology/resources/writing/HTWsections.html



The Sections of a Paper

• Most journal-style scientific papers are subdivided into sections which usually appear in the following prescribed order:

Experimental process	Section of Paper
What did I do in a nutshell?	<u>Abstract</u>
What is the problem?	Introduction
How did I solve the problem?	Materials and Methods
What did I find out?	<u>Results</u>
What does it mean?	Discussion
Who helped me out?	Acknowledgments (optional)
Whose work did I refer to?	Literature Cited
Extra Information	Appendices (optional)



Title, Authors' Names and Institutional Affiliations

- The title is not a section, but it is necessary and important
- The title should be short and unambiguous, yet be an adequate description of the work
- A general rule-of-thumb is that the title should contain the key words describing the work presented, since it becomes the basis for most on-line computer searches: if your title is insufficient, few people will find or read your paper!



Viscoelastic characterisation of pig liver in unconfined compression



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Title: an example

 Consider a paper reporting on an experiment involving dosing mice with the sex hormone estrogen and watching for a certain kind of courtship behavior

Mouse Behavior

Poor title: it is **very general**, and could be referring to any of a number of mouse behaviors

The Effects of Estrogen on the Nose-Twitch Courtship Behavior in Mice

Better, but improvable: the key words identify a specific behavior, a modifying agent and the experimental organism. If possible, give the key result of the study in the title.

Estrogen Stimulates Intensity of Nose-Twitch Courtship Behavior in Mice



Abstract

Function: summarize, usually in one paragraph, the major aspects of the entire paper in the following prescribed sequence:

- the question(s) investigated or purpose (from Introduction)
 - \checkmark state the purpose very clearly in the first or second sentence
- the experimental design and methods used (from Methods)
 - \checkmark clearly express the basic design of the study
 - ✓ name or briefly describe the basic methodology used without going into excessive detail-be sure to indicate the key techniques used
- the major findings including key quantitative results/trends (from Results)
 - \checkmark report those results which answer the questions you were asking
 - ✓ identify trends, relative change or differences, etc.
- a brief summary of your interpretations and conclusions (from Discussion)
 ✓ clearly state the implications of the answers your results gave you



Abstract

- Typical length: 200-300 words maximum
- The Abstract helps readers to decide whether they want to read the rest of the paper, or it may be the only part they can obtain via electronic literature searches or in published abstracts.
- Therefore, enough **key information** (e.g., summary results, observations, trends, etc.) **must be included to make the Abstract useful** to someone who may **to reference your work.**

How do I know when my Abstract contain enough information?



Imagine to be a researcher doing a study similar to the one you are reporting. If your **Abstract is the only part** of the paper **you could access**, **would you be happy** with the **information presented** there?



Abstract

<u>Style:</u> The Abstract is only text. Use the active voice when possible and concise-but-complete sentences, and get to the point quickly

• The Abstract **SHOULD NOT** contain: lengthy background information, references to other literature, elliptical (i.e. ending with ...) or incomplete sentences, abbreviations or terms that may be confusing to readers, any sort of illustration, figure, or table, or references to them.

<u>Strategy:</u> Although it is the first section of your paper, the Abstract must be written last since it will summarize the paper

<u>Check your work</u>: Once you have the completed abstract, check to make sure that the information in the abstract completely agrees with what is written in the paper and actually appears in its body



Introduction

Functions:

- Establish the context of the work being reported by discussing the relevant primary research literature (with citations) and summarizing the current understanding of the problem investigated
- State the purpose of the work in the form of hypothesis(es), question(s), or problem(s) investigated
- Briefly **explain** your **rationale** and **approach** and, whenever possible, the **possible outcomes** your study can reveal.

The Introduction must answer the questions: What was I studying? Why was it an important question? What did we know about it before I did this study? How will this study advance our knowledge?



Introduction

<u>Structure</u>: can be thought as an **inverted triangle** - the broadest part at the **top reports the most general information** then **focus down to the specific problem you studied**. Organize the information to present the more general aspects of the topic early in the Introduction, then narrow toward the more specific topical information that provides context, finally arriving at your statement of purpose and rationale.

- Begin by clearly identifying the subject area of interest
- Establish the context by providing a brief and balanced review of the pertinent published literature that is available on the subject
- Clearly state the purpose and/or hypothesis that you investigated
- Provide a clear statement of the rationale for your approach to the problem studied



Introduction

- What literature should you look for in your review of what we know about the problem?
 - ✓ Focus your efforts on the primary research journals, i.e. the journals that publish original research articles
 - ✓ Do not cite general background references (encyclopedias, textbooks, lab manuals, style manuals, etc.) because they contain information that is considered fundamental or "common" knowledge within the discipline
 - ✓ Review articles are particularly useful because they summarize all the research done on a narrow subject area over a brief period of time ranging from a year to a few years in most cases



Literature research

PubMed, Web of Science, or Google Scholar?

- Major differences you must know
 - 1. Pubmed and Web of Science are human-curated databases. Google Scholar is not. This is the key to most of the differences you will find in your search results.
 - 2. Web of Science and Google Scholar track citations, but PubMed does not.
 - 3. Google Scholar searches full text of articles but PubMed and Web of Science search only the citation, abstract, and tagging information.



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Web of Science http://apps.webofknowledge.com/





Google Scholar http://scholar.google.it/

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Materials and Methods

Function: to explain how the study was carried out by clearly describing

- **Sample origin** (synthetic, plant, animal, human, ...) and **preparation** (e.g. pre-treatments, handling and care)
- **Experimental** or **sampling design**, i.e. how the study was structured in terms of controls, treatments, measured variables, number of collected samples, replicates, ...
- Experimental procedures: provide sufficient details (e.g. masses, volumes, concentrations, source (vendor) and catalog number of reagents used) in order to allow other scientists to repeat your work and verify your findings
- **Data analysis:** qualitative analyses and/or statistical procedures used to determine significance, data transformations, significance level (e.g. 0.05), statistical tests and software used, data presentation (e.g. mean ± std. dev.)

Organize this section so your reader will understand the **logical flow** of the experiment(s); **subheadings** work well for this purpose.



Results

<u>Function</u>: to objectively present your key results without interpretation, in an orderly and logical sequence using both text and illustrative materials (Tables and Figures)

- The body of this section is a text-based presentation of the key findings which includes references to each of the Tables and Figures shown
- The text should guide the reader through your results in a logical order and stress the key findings needed to support the hypotheses and/or answer the questions investigated (stated in the Introduction)
- Important negative results should be reported too
- A major function of the text is to provide clarifying information and not to repeat results shown in Tables or Figures
- Summaries of the statistical analyses may appear either in the text (usually in brackets) or in the relevant Tables or Figures (in the legend or as footnotes to the Table or Figure)



Discussion

<u>Function</u>: to interpret your results in light of what was already known about the subject of investigation and explain our new understanding of the problem after taking your results into account

- The **Discussion will always connect to the Introduction** by way of the question(s) or hypotheses you posed and the literature you cited, **but it does not simply repeat or rearrange the latter**
- It tells how your study has moved us forward from the place you left the reader at the end of the Introduction



Discussion

Fundamental questions to answer:

- Do your results provide answers to your testable hypotheses? If so, how do you interpret your findings?
- Do your **findings agree with** what **others** have shown? If not, do they suggest an alternative explanation or perhaps a unforeseen design flaw in your experiment or theirs?
- Given your conclusions, what is our new understanding of the problem you investigated and outlined in the Introduction?
- If warranted, what would be the next step in your study, e.g., what experiments would you do next?



Discussion

Approach:

- Organize the Discussion to address each of the experiments or studies for which you presented results
- **Discuss results** in the **same sequence as** presented **in the Results**, providing **your interpretation** of what they mean in the larger context of the problem
- Do not repeat results, but use "bridge sentences"
- You must relate your work to the findings of other studies, including previous studies you may have done and those of other investigators, to support your interpretations
- Be sure to **state the conclusions** that can be **drawn from your results**
- You may briefly mention eventual future studies you would do to clarify your working hypotheses
- Do not introduce new results in the Discussion



Acknowledgements

Function: to **acknowledge people who have helped you** in thinking up, designing, or carrying out the work and/or who **have supplied materials**

- Authors always acknowledge any **sources of funding** that supported the research.
- Acknowledgments are always brief and never flowery
- Place the Acknowledgments between the Discussion and the Literature Cited.







Literature Cited

Function: to **list the references cited** in the manuscript text

- Format the references list according to the style of the Journal to which you would submit your paper (see Author Guidelines)
- Reference management software (e.g. Mendeley, EndNote, Zotero) dramatically help you in handling and formatting references









Reference management Mendeley desktop: a free citation manager

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Amine quantification in gel	Lévesque, Stéphane G; Sho Synthesis of cell-adhesive dextran hydrogels and macroporous scaffolds. 2006 Biomaterials 15/06/12	Journal: Analytica Chimica Acta
Arti	Liu, Y; Griffith, M; Watsky, Properties of porcine and recombinant human collagen matrices for optically dear tissue engineering applications. 2006 Biomacromolecules 15/06/12	Year: 2003
Biological gels	Lucolf, M P; Lauer-Fields, J Synthetic matrix metalloproteinase-sensitive hydrogels for the conduction of tissue regeneration: engineering cell-inv 2003 Proceedings of the 15/10/12 National Academ	Volume: 480 - Issue: 2
Filter by Authors All	McCaldin, D. J. The Chemistry of Ninhydrin. 1960 Chemical Reviews 15/12/13	Pages: 267-274
Baldock, Clair Bang, Tami Bhoo, Seong-Hee	Yeo, Giselle C; Baldock, Clai Tropoelastin bridge region positions the cell-interactive C terminus and contributes to elastic fiber assembly. 2012 Proceedings of the 05/12/12 National Academ	Abstract:
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Reference manager

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Hanging indents, the use of "Ibid.", author disambiguation. Mendeley looks after the details of creating a bibliography so you can focus on writing.

Collaborate on bibliographies

Share bibliographies with your colleagues through a private group. Any member can add or edit any cited references.

- [1] W. W. Lee, L. T. Nguyen, applicability to chip scale
- [2] S.-W. R. Lee and X. Zhan



Source: http://www.mendeley.com/features/reference-manager/



Appendices

<u>Function</u>: to provide information that are non-essential to understanding the paper, but may further clarify a point without burdening the body of the presentation

- An **appendix** is an **optional part** of the paper
- Each Appendix should be **identified separately** (e.g. by a Roman numeral in sequence) and should **contain different material**
 - Examples are: raw data, extra figures, explanation of formulas or other mathematical procedures for data analysis, specialized computer programs for a particular procedure, full generic names of chemicals or compounds that you have referred to in somewhat abbreviated fashion or by some common name in the text of your paper, diagrams of specialized apparatus

<u>NOTE:</u> Figures and Tables in Appendices are numbered in a separate sequence from those found in the body of the paper. If multiple appendices are used, the Table and Figure numbering must indicate the appendix ID as well (e.g. Figure A1 for the first figure of Appendix A)



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Presentation available at http://www.centropiaggio.unipi.it/course/fenomeni-di-trasporto-biologico.html